



Healthy Young Children & Families Sub-Committee Meeting

Meeting Minutes-February 28, 2017
9:00 a.m. to 11:00 a.m.
Children & Families First
91 Wolf Creek Boulevard
Dover, DE 19901

Attendance: Karen DeRasmo, Prevent Child Abuse Delaware; Mary Moor, Division of Prevention and Behavioral Health Services; Natasha Williams, Nemours Health and Prevention Services; Kim Brancato, Appoquinimink School District; Jamie Walko, Office of Early Learning; Michele Marinucci, Woodbridge School District; Paulina Gyan, Division of Public Health; Cindy Brown, Office of Early Learning; John Fisher-Klein, Newark Day Nursery; Heidi Beck, New Directions Early Head Start; Nancy Smith, Child Development Watch; Crystal Sherman, Division of Public Health; Leslie Newman, Children & Families First

1. Welcome & Call to Order

- Leslie Newman welcomed everyone and called the meeting to order.

2. Introductions

- Leslie Newman asked everyone to introduce themselves and share their connection and/or interest in being a part of the health committee.

3. Committee Structure and Expectations

- Leslie Newman reviewed key responsibilities of the committee and solicited feedback from the group. It was noted that Project Launch and the Early Childhood Comprehensive Services (ECCS) grants need to be added to the fourth bullet. Leslie described how the work of the three (EIEIO, ECCS, PL) committees that fall under the Health Committee will need to provide updates and these updates will be shared with the Council as needed.
- Leslie Newman explained that this committee will serve as the connector for early childhood health related projects, programs and/or community work. Committee members will have the opportunity to discuss this work as well as any possible opportunities for integration and/or alignment with other programs.

4. Purpose-Goals and Objectives

- The goals from the Goal One: A Healthy Start for all Children Committee were reviewed to determine if any needed to be retained. The committee agreed that three of the four objectives would remain a focus but those objectives need to be revised to reflect current activities.
 - The first objective on developmental screening will align with the work being carried out by OEL and ECCS. Coordination of screening efforts and ensuring duplication of screening efforts is not occurring will be an ongoing topic of the committee.
 - The importance of brain science research and adverse childhood experiences (ACE) was

discussed at length. The committee decided that a goal/objective to inform policy and practice based on research could replace the previous objective on social-emotional well-being. Leslie Newman discussed a Robert Wood Johnson grant that Children's & Families First received that supported the inclusion of ACE questions into a community health survey that was completed. The committee could review the outcome of the survey and the data it provided. The committee decided that a partner from Trauma Matters should be invited to future meetings. The Project Launch work will also fall under this objective.

- The third objective on health lifestyles including oral health is the only objective that committee has decided not to continue to work on for now.
- The fourth objective on expanding home visiting was not discussed at this meeting and will be discussed at a later meeting.
- The committee discussed all the current activities to promote and/or provide education at the community level and the possibility of developing a goal around these activities. Projects that were mentioned during the discussion included SHIP-Healthy Neighborhoods, ECCS-NCC Readiness Teams and the Sussex Early Childhood/Sussex Health Coalition, Blue Print of communities, United Way-Promise Zones as well as Western Sussex Summit with the Red Clay school district replicating this model. Several activities/projects/programs for engaging families into this work were also discussed. It was decided that Leslie Newman and Crystal Sherman would create a map/chart to include all of these initiatives. It was also noted that a "Calendar of Events" is needed for families to be aware of all of the activities and educational events.

5. Questions and Next Steps

- Do we want QT 30 to be a primary focus for this committee? The committee wants to continue to discuss promotion on the importance of quality time with children and the dissemination of the QT 30 booklets.
- Can we recruit parents from "Community Cafes"? Karen DeRasmo will follow-up and provide update at next meeting.
- Leslie Newman and Crystal Sherman will follow up on the development of organizational chart/map of health related early childhood work.

6. Future Meeting Topics and Close

- Conduct exercise, every child should be – screened, 30 minutes of QT, medical home, best brain, informed parent, etc. to identify potential gaps and focus areas for committee.
- The committee will continue to discuss current activities and the potential for collaboration.
- Reports from ECCS, EIEIO and Project Launch will be provided.

***Next meeting date and location:
May 30, 2017 at 1:00 p.m. – 3:00 p.m.
Children & Families First-Dover and Wilmington***